

# User Guide

## Tohoku University Hospital Day-Care Center for Children with a Less Serious Condition or Recovering from Illness (Hoshinoko Room)

This facility offers nursing and daycare, provided by nurses and childcare specialists, for children who have mild illnesses or are recovering from illnesses and cannot attend kindergarten/school. The children of Tohoku University faculty and staff members (including limited term and part time employees) and students (including graduate students, research students, etc.) are eligible.

Location: Tohoku University Hospital Outpatient Clinic Building A, 5F

Capacity: 6 children

Days/Hours: Monday through Friday, 7:30 am-6 pm (closed on national/year-end holidays)

Cost (per child)	Under 2 hrs.:	JPY 1,000
	Over 2 hrs./under 4 hrs.:	JPY 2,000
	4 hrs. or longer:	JPY 3,000

Staff: Two nurses, Two childcare specialists

### Application Process

- A reservation is required. Please phone ahead of time.
- Have your child examined at some medical facility and ask the doctor to prepare “a primary care physician contact form”. If one of the parents is a physician with Japanese license, they can prepare the primary care physician contact form in accordance with their health insurance policy. If you cannot take the child to see a primary care physician, you can request that your child be examined (in advance) at this hospital's pediatrics department between 9 am and 5 pm.

### Medical Examination at the Hospital

- The hospital conducts examinations starting at 9:00 AM, but please understand that they are not the hospital's main priority.
- As Tohoku University Hospital is an advanced treatment facility, an additional JPY 5,400 surcharge will be added to the examination fee.
- In place of a primary care physician contact form, you will be issued a statement of your child's medical condition. It is valid for 1 day.
- A 1-day supply of prescription medicine will be dispensed as needed.
- If you wish to schedule an examination at the hospital, please phone us in advance to arrange it.
- The first time you drop off the child, you must bring the primary care physician contact form, an application form, the child's medical record, and a registration form. You can download these forms from the Hoshinoko Room website.
- If you wish to cancel, please contact us no later than 8:30 am on the day of your reservation.
- Same-day reservations can be made until 3 pm.

### Eligibility

- **Children six months or older, but younger than the 4th grade of elementary school, who are unwell and unable to attend daycare/school with a fever or other symptoms.**
- Generally, children with a fever of 38.9°C or lower can be admitted. However, children exhibiting any of the below cannot be admitted.
  - lethargy or poor appetite
  - nausea or vomiting

- inability to take liquids
- any other illnesses which are highly infectious or require isolation.
- We do not have an isolation room, and we cannot care for children with illnesses requiring isolation. Children with RS viral infections, mycoplasma pneumonia or acute vomiting and diarrhea cannot be admitted. (We follow the criteria used by schools for suspension of students due to infectious disease.)
- Even if you have a reservation, we may be unable to admit the child depending on their condition upon arrival.

### Things to bring:

- Documents: primary care physician contact form (A fee may be charged for the preparation of the primary care physician contact form. Fees vary depending on the medical institution, so please contact your family doctor.), application form, child's medical record, registration form (first time only)
- Prescribed medications: oral/suppository etc., medication booklet or a copy of prescriptions
- Change of clothes, diapers, wet-wipes, diaper-changing pad/towel
- Infant formula (or frozen breast milk), baby bottle

### Lunch and snacks

- We provide lunch and snacks for children. Please let us know if the child is allergic to any food or other things.

### Note:

- If the child's symptoms worsen while under our care, we will contact the parent, and we may request that the child be picked up promptly depending on their conditions.
- "The primary care physician contact form" will be considered valid for the duration of the child's prescription or until the date of their next medical examination (7 days maximum).
- During influenza outbreaks, the child will be admitted only if the result of an influenza test, performed 16 hours or later after the child develops a fever, is negative.
- The Hoshinoko Room is enrolled in a comprehensive mutual aid plan by Tokyo Marine & Nichido Fire Insurance Co., Ltd., which covers childcare businesses that serve ill children.
- Any data, including personal information, you provide to the Hoshinoko Room will be used solely in connection with daycare for children who have mild illnesses or are recovering from illnesses.
- Please understand that there is a risk of infection here despite our precaution because influenza tests sometimes produce a negative result for an infected patient (false negative).
- Please pay when you pick up your child. Please bring exact change.

**Reservations/Inquiries** Phone/Fax: 022-717-7819 (7:15 am- 6:00 pm)  
**Website:** <http://tumug.tohoku.ac.jp/support/hoshinoko/>

If you have any questions,  
please feel free to ask.

